

Physician's Name & Address:

NPI#:

DEA#:

Phone#:

Fax#:

Date:



Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ SS#: \_\_\_\_\_

Address/City/State/Zip: \_\_\_\_\_

## COMPOUNDED SUBLINGUAL TIRZEPATIDE SUSPENSION

**TIRZEPATIDE 15mg-1ml in SUBMAGNA HMW**  **#30ml**

**\*INITIAL DOSE\*** *This medication will NOT work if these directions are not carefully followed.* Do NOT eat or drink for at least one hour before and 30 minutes after swallowing.

**Week 1:** Place 0.3ml under the tongue for five minutes, or as long as possible, then swallow once daily.

**Week 2:** Place 0.4ml under the tongue for five minutes, or as long as possible, then swallow once daily.

**Week 3:** Place 0.5ml under the tongue for five minutes, or as long as possible, then swallow once daily.

**Week 4:** Place 0.6ml under the tongue for five minutes, or as long as possible, then swallow once daily.

**\*TRANSITION FROM INJECTABLE DOSE\*** *This medication will NOT work if these directions are not carefully followed.* Do NOT eat or drink for at least one hour before and 30 minutes after swallowing.

**5mg Injectable:** Place 6mg (0.4ml) under the tongue for five minutes, or as long as possible, then swallow once daily.

**10mg Injectable:** Place 12mg (0.8ml) under the tongue for five minutes, or as long as possible, then swallow once daily.

**15mg Injectable:** Place 9mg (0.6ml) under the tongue for five minutes, or as long as possible, then swallow TWICE daily.

**\*MAINTENANCE DOSE\*** *This medication will NOT work if these directions are not carefully followed.* Do NOT eat or drink for at least one hour before and 30 minutes after swallowing.

Place \_\_\_\_\_ ml under the tongue for five minutes, or as long as possible, then swallow once daily.

***After one month on a maintenance dose, may increase by 0.1ml as directed by the provider. Please note, titration dosing to achieve the best patient outcome is two to three months. For best results, patient hormone levels should be checked and balanced before starting sublingual Tirzepatide suspension (see hormone info sheet for more information).***

**\*OTHER\*** \_\_\_\_\_

This QR-code video link provides additional information for review. Please feel free to share this link with other interested parties. Compounded sublingual Tirzepatide suspension is being compounded using Tirzepatide from raw material which must be refrigerated. The FDA does not review compounded medication



REFILLS: \_\_\_\_\_

PHYSICIAN'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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12/19/25